

# DEMOCRACY\*

## Our Organic Tea Selection

### **DEMOCRACY BLACK** (Pekoe)

Malty full-bodied character with bright flavoury notes and hints of cask oakiness.

CAFFEINE: Medium ANTIOXIDENT: Very High

### **EARL GREY CLASSIC** (Black)

Our blend of organic black tea is hand picked from select gardens in Sri Lanka. Full-bodied leaves are blended with precious oil of bergamot to create a superb citrus bouquet.

CAFFEINE: Medium ANTIOXIDENT: Very High

### **DEMOCRACY CHAI** (Black)

This full body tea is enhanced with South Indian masala spices. The finish has cardamom notes peeking out from lively ginger along with clove + black pepper. Makes an outstanding latte!

CAFFEINE: Medium ANTIOXIDENT: Very High

### **JASMINE GOLD DRAGON** (Green)

This tea is exquisite, abundant Jasmine character on a seasonal green tea. This Jasmine flavour is only possible with midnight flowers of May.

CAFFEINE: Low ANTIOXIDENT: Very High

### **SENCHA** (Green)

A medium-bodied Sencha that tends lightly vegetative with hints of cut grass - very high in polyphenols.

CAFFEINE: Low ANTIOXIDENT: Very High

### **TROPICAL MIST** (Fruit Tisane)

A wildly exotic strawberry and lemon character that tastes like the tropics! Try it with a pinch of organic sugar or honey to boost the flavour. Drink it hot or over ice!

CAFFEINE: No caffeine ANTIOXIDENT: High in Vitamin C

### **ROOIBOS NAKED** (Herbal)

The best thing about Rooibos is that it can be combined with almost any flavour – hot or cold. Try it a latte using any coffee flavour such as caramel or vanilla hazelnut or have it a little spicy --- so yummy!

CAFFEINE: Caffeine Free ANTIOXIDENT: Medium

### **PEPPERMINT** (Herbal)

Our West Coast grown Peppermint is a refreshing and stimulating morning beverage or enjoy it after a large meal to ease the effects of a full stomach.

CAFFEINE: No caffeine ANTIOXIDENT: Low

Our Organic, Fair Trade Teas are small batch blended by TERRA TEAS Organic